

# HealthToday

Can you handle

## **BOOT CAMP?**



Doctors  
on Twitter

"My journey with  
**SCHIZOPHRENIA**"

*Hugh  
Jackman*  
battles cancer



Health Today App



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## Medical Consultation & IVF Treatment for Orang Asli



Dr Wong Pak Seng (Director and Founder of Sunfert International) hands over provisions, hygiene care items and school books to Tok Batin, the head of Kampung Orang Asli Sungai Buloh.

Sunfert International Fertility Centre recently offered free medical examination and health awareness to the residents of Kampung Orang Asli Sungai Buloh. Director and founder Dr Wong Pak Seng led a team of three specialist doctors and 15 support staff in performing physical screening and health checks for the 210 villagers. Additionally, four couples were given free in-vitro fertilization (IVF) treatments. Sunfert International also donated books and learning compendiums to 90 school-going children, as well as food provisions, hygiene care items and clothing to 63 families in the village.

## Zenocil™ Unveils New Ambassador and Weight Loss Challenge



L-R: Dr Volker Schehlmann (InQPharm Scientific Affairs Senior Director), Kwa Poo Kee (Marketing Manager of Germax Sdn Bhd), Joanne Yew (New Zenocil™ Brand Ambassador) and Gan Sin Yee (Zenocil™ Brand Manager).

Zenocil™, a weight reduction product, recently appointed actress and beauty queen Joanne Yew as its new brand ambassador. It also unveiled a Weight Loss Planner that offers tips and tricks on healthy recipes and easy-to-do exercises that can be integrated easily into one's life. Following this, Malaysians over 18 with BMI over 23 were invited to participate in a Weight Loss Challenge, which offered a chance to win exciting prizes as well as learn important lessons that will help them maintain healthy habits. For more information, please contact 03-6151 6629, email [info@germax.com.my](mailto:info@germax.com.my), or visit the Zenocil™ Natural Fat Burner Facebook page.

## Improved HER+ Breast Cancer Disease-Free Survival Rate

Roche (Malaysia) Sdn Bhd introduced in May the availability of Perjeta® (pertuzumab), which is used in combination with trastuzumab and chemotherapy as pre-surgery neoadjuvant treatment for patients with Human Epidermal Growth Factor Receptor 2 (HER2)-positive, locally advanced, inflammatory, or early stage breast cancer (either >2 cm in diameter or node positive) as part of a complete treatment regimen. Based on clinical trials, the Perjeta® regimen has been shown to help shrink the size of the tumour ahead of surgery, reduce the risk of the disease progressing and improve the disease-free survival rate. The Phase II NeoSphere study found that nearly 40% of patients with HER2+ early breast cancer who received the Perjeta® regimen had no evidence of tumour tissue being detected at the time of surgery in the affected breast and local lymph nodes, compared to 21.5% of patients who only received trastuzumab and chemotherapy alone. The study also noted that those who received the Perjeta® regimen before surgery were 31% less likely to have worsening of disease, recurrence or death at three years compared to those who only received trastuzumab and chemotherapy.



L-R: Associate Professor Dr Tho Lye Mun (Consultant Clinical Oncologist), Wong Sit Yin (Head of Access, Policy and Communications, Roche (M) Sdn Bhd) and Dato' Dr Yip Cheng Har (Consultant Breast Surgeon).

## The Art of Life Uninterrupted

Baxter, a global innovator in renal care, recently unveiled its 'Life Uninterrupted' campaign with the support of the Malaysian Society of Nephrology (MSN). The campaign aims to provide information and advice for patients with chronic kidney disease (CKD) to make informed decisions about the treatment options available to them. In addition, the campaign hopes to raise public awareness on the nature and management of CKD. The highlight of the campaign was an exhibition at the Ledge Art Gallery, One Utama, which showcased thematically related artworks of seven talented local artists.



L-R: Dr Lily Mushahar (Consultant Nephrologist and Head of Department, Hospital Tuanku Ja'afar Seremban), Prof Dr Goh Bak Leong (President, Malaysian Society of Nephrology) and Suhaimi Masduki (peritoneal dialysis patient).